

European Judo Union 6th Level Masters

Starts January 2011



CONTENTS

ACADEMIC

(100 Formative Credits) includes the following subjects all specially contextualized to judo

- Advanced Physiology
- Biochemistry
- Cardiology
- Genetics and Doping
- Geriatric
- Neurology
- Neuro-traumatology
- Nutrition
- Orthopedic
- Pedagogy
- Physiatry
- Pneumology

JUDO

Biomechanics, Theory and Methodology of Conditioning, effects of Conditioning, Periodisation, Control Test, Technical training, Non linear Training, Didactics for Adults, Judo as self-defense, Didactics for Children, Didactics games, Match Analysis, Grips fight, Strategy and Tactics, Throws Evolution comparative analysis of methods of teaching adults, comparative analysis of methods of teaching children, advanced studies of competition, comparative study of Japanese and Russian styles

The Masters “Teaching and Coaching Judo” intends to prepare a new class of knowledge-based teachers and coaches. This degree will be delivered by the University of Tor Vergata, Rome, accredited by the EJU and ISO 9001 Certified. The Master Level 6 will deliver advanced and integrated knowledge about Sport for All; Children and High Performance Coaching.



FIJKAM
Olympic
Center



Web-based and three x 15 day Residential

The course is web based and delivered through 3 semesters (18 months) of teaching different subjects online using Virtual Learning Environment, followed by a 3 times 15 day residential, one after every semester, for practical sessions, The completion of the course is both through theoretical and practical assessments.

Cost

Per Semester €800 academic €600 residential, for 15 days on full board.
Total €4,200

Contact

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