

38° SKORPION STAGE 2024**THURSDAY 28/03**

	8:30-9:30	9:30-11:00	11:00-12:00	12:00-13:30	15:30-17:00	17:00-19:00	19:00-20:30
EsA/EsB (2010-2012)	accredito	judo (MAT3)	libero	pranzo	judo (MAT3)	libero	cena

	8:30-9:30	9:30-11:15	11:15-12:45	12:45-14:00	14:00-17:30	17:15-19:15	19:30-21:00
Cadets/Junior (2009-2004)	accredito	libero	judo (MAT3)	pranzo	libero	judo (MAT3)	cena

FRIDAY 29/03

	7:30-8:30	9:30-11:00	11:00-12:00	12:00-13:30	15:30-17:00	17:00-19:00	19:00-20:30
EsA/EsB (2010-2012)	colazione	judo (MAT3)	libero	pranzo	judo (MAT3)	libero	cena

	7:30-8:30	8:30-11:15	11:15-12:45	12:30-14:00	14:00-17:30	17:15-19:15	19:30-21:00
Cadets/Junior (2009-2004)	colazione	libero	judo (MAT3)	pranzo	libero	judo (MAT3)	cena

SATURDAY 30/03

	7:30-8:30	9:30-11:00	11:00-12:00	12:00-13:30	15:15-16:45
EsA/EsB (2010-2012)	colazione	judo (MAT3)	libero	pranzo	judo (MAT3)

	7:30-8:30	8:30-11:15	11:15-12:45	12:30-14:00	14:00-17:30	17:00-18:30
Cadets/Junior (2009-2004)	colazione	libero	judo (MAT3)	pranzo	libero	judo (MAT3)

	13:00-15:00
Corso propedeutico ai passaggi di grado	MAT3

	13:00-15:00
Allenamento regionale Kata	MAT1-2

	15:30-17:00
Allenamento regionale Master	MAT1-2

GROUP		NATI
EsA/EsB		2010-2012
Cadets/Junior		2009-2004