



OCMG
Organizing Committee of
the Mediterranean Games

XIX Mediterranean Games
ORAN 2022

Sport Organization



WRESTLING
TECHNICAL MANUAL

Table of contents

General Information	5
1. Sports on the Program of the XIX Mediterranean Games Oran2022:	6
2. Sports Calendar of the XIX Mediterranean Games Oran 2022:	7
3. Abbreviation Table:	8
Technical Information	9
1. International Federation	10
2. National Federation:	10
3. Competition Management:	10
3.1 Venue Management:	10
4.Events and dates	10
4.1 Sports program	10
4.2 Dates and venue:	11
5. Conditions for the conduct of the competition:	11
5.1 Cancellation of events:	11
6. Competition rules:	11
7. Technical organization:	11
7.1 Special provisions regarding the conduct of the competition:	11
7.2 Drawing of the lots:	12
7.3 Competition system:	12
7.4 Weigh-in:	12
7.5 Medical examination:	12
8. Competition venue:	12
8.1 Competition area:	12
8.2 Warm-up area:	12
8.4 Rest room for athletes	13
8.5 Press tribune:	13
8.6 Sports equipment:	13
9. Training:	13
9.1 Training venues:	13
9.1.1 Training calendar and schedule:	13

9.2 Services in training venues:	15
9.2.1 Changing rooms:	15
9.2.2 Rest room for athletes:	15
9.3 Media during training:	15
9.4 Procedure for assignments of training sessions:	15
9.4.1 Pre-competition:	15
9.4.2 During the competition:	15
10. Participation:	16
11. Entries:	16
11.1 General principles:	16
11.2 Procedures:	16
11.2.1 Entries by number:	17
11.2.2 Preliminary entries by name (Long list):	17
11.2.3 Final entries by name (Short list):	17
11.3 Confirmation of entries:	17
12. Technical meeting:	17
13. Health services:	18
13.1 Medical services available in the Village and at competition venues:	18
13.1.1 Mediterranean Village:	18
13.1.2 Competition venue:	18
13.2 Doping control:	18
14. Jury – Judges:	19
14.1 Jury of Appeal:	19
14.2 Referees:	19
15. Claims:	19
16. Sports clothing:	20
17. Medal ceremonies:	20
17.1 Medals and diplomas:	20
17.1.1 First place:	20
17.1.2 Second place:	20
17.1.3 Third places:	20
17.1.4 Fifth to eighth place:	20

18. Calendar and schedule:..... 21

19. Technical offices:..... 22























20. Approval of regulations:..... 22



A.
**General
Information**



1. Sports on the Program of the XIX Mediterranean Games Oran2022:

1		ATHLETICS	13		KARATE
2		BADMINTON	14		WRESTLING
3		BASKETBALL 3X3	15		SWIMMING
4		BOWLS	16		EQUESTRIAN
5		BOXING	17		TAEKWONDO
6		CYCLING	18		TENNIS
7		FENCING	19		TABLE TENNIS
8		FOOTBALL	20		SHOOTING
9		GYMNASTICS	21		ARCHERY
10		WEIGHTLIFTING	22		SAILING
11		HANDBALL	23		VOLLEYBALL
12		JUDO	24		WATER POLO

3. Abbreviation Table:

Acronym	Definition
ICMG	International Committee of the Mediterranean Games
IOC	International Olympic Committee
IF	International Federation
OCMG	Organizing Committee of the Mediterranean Games
NOC	National Olympic Committee
WADA	World Anti-Doping Agency
NF	National Federation
MG	XIX Mediterranean Games Oran 2022
DRM	Delegation Registration Meeting
MV	Mediterranean Village
TIC	Technical Information Center
SIC	Sports Information Center
M	Men
W	Women
M/W	Men/Women
QR	Qualification Round
F	Final
QR/F	Qualification Round / Final
UWW	UNITED WORLD WRESTLING
FALA	ALGERIAN FEDERATION OF ASSOCIATED WRESTLING

B. Technical Information



1. International Federation

UNITED WORLD WRESTLING (UWW)
 Rue du Château, 6 – CH 1804 Corsier-sur-Vevey
 Phone: +41 21 312 84 26
 Website: www.unitedworldwrestling.org
 E-mail: info@unitedworldwrestling.org
 President: Mr. **NENAD LALOVIC**
 General Secretary: Mr. **MICHEL DUSSON**

2. National Federation:

ALGERIAN FEDERATION OF ASSOCIATED WRESTLING (FALA)
 BP 564 El Biar - Algiers
 Phone- FAX: +213 23-25-82-07/23-25-82-54
 Website: www.alglutte.org
 E-Mail: Alg@unitedworldwrestling.org
 President: Mr. **Hamza DOGHDOGH**
 General Secretary: Mr. **HAMMOUI Djamel**

3. Competition Management:

UWW Technical Delegate: **Mr. Pedro SILVA (POR)**
 Competition Director: **Mr. HAOUES Idriss**

3.1 Venue Management:

Venue Director: **Mr. M. Mohamed MEDDAH**

4.Events and dates**4.1 Sports program**

The Wrestling competition of the XIX Mediterranean Games Oran 2022 will include the following events:

Wrestling		
Men		Free Women
Free	Greco-Roman	Free
57 Kg	60 Kg	50 Kg
65 Kg	67 Kg	53 Kg
74 Kg	77 Kg	57 Kg
86 Kg	87 Kg	62 Kg
97 Kg	97 Kg	68 Kg
125 Kg	130 Kg	76 Kg

4.2 Dates and venue:

The Wrestling competition will take place at the **EMEC Hall** from **Sunday 26 to Wednesday 29 June 2022**.

5. Conditions for the conduct of the competition:

The Wrestling competition will take place if a minimum of eight (8) countries for the men's events and six (6) countries for the women's events have registered **before 11:59 p.m. (Algerian time) on Friday March 25, 2022**.

Depending on the number of entries, the President of the ICMG Technical Commission, assisted by one (1) or two (2) members of this commission appointed by the President of the ICMG, and in the presence of the OCMG Oran 2022 sports organization President, will decide on **Monday May 30, 2022**, the list of canceled events.

Once the progress of a competition has been confirmed, it will take place and the corresponding medals and diplomas will be distributed, regardless of the number of participants.

5.1 Cancellation of events:

OCMG Oran 2022 will immediately inform each National Olympic Committee (NOC) of the list of events that are canceled because they do not meet the required number of participants.

6. Competition rules:

The wrestling competition will take place in accordance with the UWW regulations in force on **January 1, 2022**, with special exceptions authorized by the ICMG.

Questions not addressed in this technical manual will be resolved as follows:

- For general questions, the ICMG rules will apply.
- For technical matters, the UWW rules will apply.

7. Technical organization:

The FALA, under the supervision of the UWW Technical Delegate, is responsible for the technical organization and running of the wrestling competition during the XIX Mediterranean Games Oran 2022.

7.1 Special provisions regarding the conduct of the competition:

Any problems that may arise before or during the events will be resolved by the competition direction, in accordance with the ICMG and UWW regulations in force from **January 1, 2022**, unless specific exceptions authorized by the ICMG.

Precise arrangements for the organization of the wrestling competition will be made depending on the number of participants.

7.2 Drawing of the lots:

The draw to determine the order of bouts will take place the day before the competition after the technical meeting on **Saturday June 25, 2022**, at the meeting room of the Mediterranean village.

The draw will take place under the control of the UWW Technical Delegate, in the presence of official representatives of the participating teams.

7.3 Competition system:

The competition system will be determined by the UWW.

7.4 Weigh-in:

Weigh-in will be carried out in a room specially reserved for this purpose, in the competition venues, in the presence of the UWW Technical Delegate, and during the times provided for in the competition program.

7.5 Medical examination:

Medical visits will be carried out in a room specially reserved for this purpose, in the competition venue, in the presence of the UWW Technical Delegate, and during the times provided for in the competition program.

8. Competition venue:

The Wrestling competition of the XIX Mediterranean Games Oran 2022 will take place at the EMEC Hall, 14,1 kilometers from the Mediterranean Village. The hall has a capacity of 1000 spectators.

Venue of competition	Distance from the Village	Capacity	Municipality
EMEC Hall	14,1 Km	1000	Oran

8.1 Competition area:

The competition area will include Three (3) Wrestling mats, 12m x 12m, installed on a podium.

The mats will be UWW approved.

8.2 Warm-up area:

In the same venue and next to the competition area, athletes will have a space for warm-ups, with three (3) mats similar to those in the competition.

8.3 Changing rooms:

The participants will have at their disposal men and women changing rooms equipped with showers and toilets.

8.4 Rest room for athletes

Athletes will have a rest room equipped with water, energy drinks and fruits.

8.5 Press tribune:

Accredited media will have a tribune and a working room at their disposal.

8.6 Sports equipment:

All sports equipment and technical equipment used in wrestling competitions and training must comply with the standards established in the UWW regulations, in force on **January 1, 2022**, with exceptions authorized by the ICMG.

9. Training:**9.1 Training venues:**

The wrestling training for the XIX Mediterranean Games Oran 2022 will take place at the following venues:

Training venues	Distances from the Village	Municipalities	Observations
EMEC Hall	14,1km	Oran	Competition venue
El Hamri Specialized Hall « Oran »	13 km	Oran	
Lofa Sports Hall « es senia »	17,6 km	Oran	
Casablanca MV Hall (Naples District)	////////	Bir El Djir	

9.1.1 Training calendar and schedule:

For **Greco-Roman** wrestling, the training program is according to the following times and dates:

Dates	Venues	Hours
From 22 to 24 June 2022	Casablanca MV Hall (Naples District)	From 08 a.m. to 09 p.m.
	El Hamri Specialized Hall Oran	
	Lofa Sports Hall « Es Senia »	
	EMEC Hall	
June 25, 2022	Casablanca MV Hall (Naples District)	From 8 a.m. to 1 p.m.
	El Hamri Specialized Hall Oran	
	Lofa Sports Hall « Es Senia »	
	EMEC Hall	

For **Freestyle Wrestling** and **Women's Wrestling**, the athletes will have at their disposal the following venue, according to the times indicated below:

Dates	Venues	Hours
From 22 to 24 June 2022	Casablanca MV Hall (Naples District)	From 8 a.m. to 9 p.m.
	El Hamri Specialized Hall Oran	
	Lofa Sports Hall « Es Senia »	
	EMEC Hall	
June 25, 2022	Casablanca MV Hall (Naples District)	From 8 a.m. to 1 p.m.
	El Hamri Specialized Hall Oran	
	Lofa Sports Hall « Es Senia »	
	EMEC Hall	
From 26 to 27 June 2022	EMEC Hall	According to the competition program
From 26 to 28 June 2022	Lofa Sports Hall « Es Senia »	From 8 a.m. to 9 p.m.
	El Hamri Specialized Hall Oran	

9.2 Services in training venues:

9.2.1 Changing rooms:

The participants will have at their disposal changing rooms for men and women equipped with showers and toilets.

9.2.2 Rest room for athletes:

In the training venues, athletes will have a rest room with water, energy drinks and fruits.

9.3 Media during training:

The training sessions will be open to the media but not to the public. The Competition Director will be the person empowered to modify this standard whenever necessary.

9.4 Procedure for assignments of training sessions:

The NOCs will receive the program of the training sessions at the latest **Ten (10) Days** before the DRM.

They will need to confirm that they will use the sessions assigned to them during the DRM.

9.4.1 Pre-competition:

In general, the competition management will provide athletes with a daily training session, the venues designated for this purpose, **Three (3) days** before the start of the competition, that is to say, the **June 23, 24 and 25, 2022**

The training sessions will have a maximum duration of 1 hour thirty minutes (1h30).

If they have requested them during the DRM, following the established procedure, the delegations will be able to use the venues for training Four (4) days before the start of the competition, that is to say, from **Wednesday June 22 2022 Depending on the availability of the infrastructure and in accordance with the criteria mentioned in the Head of Mission Manual.**

9.4.2 During the competition:

The Competition management will assign a daily training session of one hour and thirty minutes (1h30).

At the technical meeting on **Saturday June 25, 2022**, the Organizing Committee will present the training program for the competition phase. During the technical meeting,

each NOC will then be able to present their specific training needs, which will be assessed for inclusion in the training program for the competition phase.

All NOCs will have to confirm that they will use their training session, before 5:00 pm the day before training; otherwise, said session will be made available to the other NOCs. They may also request, before 5:00 p.m., additional training which may be allocated to them, from 8:00 p.m. on the same day, depending on the availability of the venues.

The teams will receive information on the training sessions upon arrival at the Sports Information Center SIC of the Mediterranean Village and at the Wrestling Technical Information Center TIC.

10. Participation:

All member NOCs of the ICMG, of which the national wrestling federation is a member of the UWW, will be able to participate in the Wrestling competition of the XIX Mediterranean Games Oran2022.

The athletes who will participate in the competitions must have the nationality of the country they represent and respect the conditions and regulations of the ICMG and the UWW. Also, all athletes must have a UWW 2022 license.

Each NOC may participate in the Wrestling competition with one (1) athlete per weight category.

11. Entries:

11.1 General principles:

The XIX Mediterranean Games Oran 2022 is open to all athletes from NOCs of Mediterranean member countries of the ICMG, according to the standards of the ICMG Charter and the IOC.

All athletes participating in the Games must be citizens of the country they represent, in accordance with the IOC rules.

Prior to the Games, all participating athletes must complete and sign the "consent form" as defined by the World Anti-Doping Agency.

11.2 Procedures:

The delegation registration process is linked to the general accreditation system.

The registration system set up by the OCMG Oran 2022 consists of an online computer application, accessible through the official Games' website: <https://entriesoran2022.dz>

Each delegation will have a user name and a password of their own which will allow them to access the online application in Two Languages: English and French.

The online application will allow to print a list of sports entries which, once signed, must be sent, before the deadlines indicated hereafter, to the OCMG Oran 2022: sportsinscription@oran2022.com

11.2.1 Entries by number:

The list of entries with the number of participants per sport and per event must be submitted, through the online application, before **23:59 (Algerian time), on Friday March 25, 2022.**

11.2.2 Preliminary entries by name (Long list):

The list of preliminary entries of participants by name, by sport and by event must be submitted, through the online application, before **23:59 (Algerian time) on Friday, April 15, 2022.**

11.2.3 Final entries by name (Short list):

The NOCs of all participating countries must send to the OCMG Oran 2022, no later than **Thursday May 26, 2022 (23:59 Algerian time)**, the form of the nominative and final entries of their participants, through the online application.

11.3 Confirmation of entries:

Confirmation of entries will take place during the DRM and any subsequent eligible changes will be presented to the SIC and confirmed, at the latest, during the technical meeting.

The specific forms for the confirmation of entries will be given to the Head of Mission of each NOC.

12. Technical meeting:

The technical meeting will take place on **Saturday June 25, 2022, at 3:00 p.m.**, at the meeting room of the Mediterranean village

The meeting will be conducted in accordance with UWW regulations, under the direction of the UWW Technical Delegate. The following people should be present at this meeting:

- The Technical Delegate of the UWW,
- A member of the ICMG Technical Commission,
- The team leaders (one per country),
- The referees,
- The- Director of the Wrestling competition of the OCMG Oran 2022.

13. Health services:

13.1 Medical services available in the Village and at competition venues:

During the XIX Mediterranean Games Oran 2022, health assistance will be available for any accredited athlete or official who needs it, both in the Mediterranean Village and at all competition venues.

13.1.1 Mediterranean Village:

Polyclinic of the Mediterranean Village will provide residents with the following health services:

- Sports medicine,
- Physiotherapy,
- First aid,
- 24 hour emergency services.

Ambulance teams will serve as a link between the polyclinic and the main hospitals, in the event that additional care is required.

13.1.2 Competition venue:

During the course of the events, all competition venues will have the following services available to athletes:

- Medical services,
- Medical transport service.

Coolers filled with ice cubes will be made available to delegations in all sports venues.

13.2 Doping control:

Doping controls will be carried out during competition or out of competition, under the responsibility of the ICMG Medical and Anti-Doping Commission and with the collaboration of the anti-doping services of OCMG Oran 2022 in accordance with the rules of the ICMG, the UWW and the World Anti-Doping Code.

Each participant subject to a control will receive a written notification, at which point the procedure for collecting the control sample will begin, and this, within the times and in the manner established by law.

The athlete who refuses to submit to a doping control procedure, or who has a positive analysis of his sample, will be excluded from the competition and will be sanctioned, in accordance with the rules of the ICMG and the UWW.

14. Jury – Judges:

14.1 Jury of Appeal:

In accordance with the technical regulations of each event included in the program of the XIX Mediterranean Games Oran 2022, an international Jury of Appeal will be constituted in order to resolve the claims.

If the UWW Technical Delegate does not chair the Jury of Appeal, the UWW will appoint, through him, the President of the jury which will be composed according to the regulations in force.

As a general rule, and unless otherwise provided by the UWW, the Jury of Appeal will be composed of one (1) President and two (2) members chosen from the list of six (6) qualified representatives of the participating countries.

The list of members of the Jury of Appeal will be communicated by the Technical Delegate during the technical meeting.

When processing a claim, the members of the appeal jury who are nationals of the countries concerned, must abstain.

14.2 Referees:

The Wrestling competition will be officiated by international referees and category IS, I and II international judges. In order to ensure the best possible development of the competition, the OCMG Oran 2022 will call on two (2) referees from non-Mediterranean countries who will be appointed by the UWW referee commission.

Each NOC taking part in the Wrestling competition with three (3) or more athletes must register an international referee at its expense. Below this number of registrants, the NOC may also register one (1) international referee. The names of the referees must be included in the entry form by name.

15. Claims:

All claims must comply with UWW procedures. Claims must be presented, by the NOC in question, in writing, in Arabic, French or English, within the required time limits, accompanied by a deposit in cash fixed by the regulations of the UWW.

All claims will be presented to the TIS of wrestling, which will in turn forward them to the secretariat of the Jury of Appeal, as well as to the Technical Commission of the ICMG.

If a claim is successful, the deposit will be refunded, but not otherwise.

16. Sports clothing:

Participants in the Wrestling competition of the XIX Mediterranean Games Oran 2022 must wear sports clothing in accordance with the regulations of the UWW and the ICMG.

Participants should have:

- Two (2) Wrestling jerseys (red and blue).
- Two (2) pairs of competitive wrestling shoes, one of which will be reserved exclusively for the competition mat.

No advertising marks are permitted on sportswear, accessories or, as a general rule, on any part of the clothing or equipment worn or used by athletes. Only the name of the manufacturer of the corresponding garment or equipment will be allowed, provided that it does not appear exaggeratedly for advertising purposes, in accordance with the rules defined by the ICMG and the UWW.

The official Medal Ceremony will be subject to the same regulations as regards sports attire and advertising. Athletes will be required to step onto the podium wearing the official clothing of their NOC.

17. Medal ceremonies:

Medal ceremonies will take place at the end of each competition.

17.1 Medals and diplomas:

The following prizes will be awarded, in accordance with the ICMG regulations:

17.1.1 First place:

Gold medal and diploma to the participant ranked first in each weight category (men and women).

17.1.2 Second place:

Silver medal and diploma for the participant ranked second in each weight category (men and women).

17.1.3 Third places:

Bronze medal and diploma to the two (2) participants ranked third in each weight category (men and women).

17.1.4 Fifth to eighth place:

Diploma to the participants or to each member of the doubles ranked from fifth to eighth place in each weight category (men and women).

18. Calendar and schedule:

- The Greco-Roman wrestling competition will take place on **June 26 and 27, 2022.**
- The man's freestyle wrestling competition will take place on **June 27 and 28, 2022.**
- The women's wrestling competition will take place on **June 28 and 29, 2022** according to the following schedules;

Dates	Hours	Nature
26.06.2022	08.00 a.m.- 08.30 a.m.	I Medical examination and weigh-in GR – 60-67-77-87-97-130kg
	10.00 a.m.- 1.00 p.m.	Elimination rounds GR – 60-67-77-87-97-130kg
	1.00 p.m. - 2.00 p.m.	Draw LL – 57-65-74-86-97-125kg
	5.00 p.m. - 7.00 p.m.	Semi-final GR – 60-67-77-87-97-130kg
27.06.2022	08.00 a.m.- 08.15 a.m.	II Weigh-in GR – 60-67-77-87-97-130kg
	08.15 a.m.- 08.45 a.m.	I Medical examination and weigh-in LL – 57-65-74-86-97-125kg
	10.00 a.m. - 1.00 p.m.	Elimination rounds LL – 57-65-74-86-97-125kg
	10.00 a.m.- 1.00 p.m.	Repechage GR – 60-67-77-87-97-130kg
	1.00 p.m. - 2.00 p.m.	Draw LF – 50-53-57-62-68-76kg
	5.00 p.m. - 7.00 p.m.	Semi-final LL 57- 65-74-86-97-125kg
	7.00 p.m. - 8.30 p.m.	Finals GR – 60-67-77-87-97-130kg Protocol ceremonies
28.06.2020	08.00 a.m.- 08.15 a.m.	II Weigh-in LL – 57-65-74-86-97-125kg
	08.15 a.m.- 08.45 a.m.	I Medical examination and weigh-in LF – 50-53-57-62-68-76kg
	10.00 a.m.- 1.00 p.m.	Elimination rounds LF – 50-53-57-62-68-76kg
	10.00 a.m. - 1.00 p.m.	Repechage LL – 57-65-74-86-97-125kg
	5.00 p.m.- 7.00 p.m.	Semi-final LF – 50-53-57-62-68-76kg
	7.00 p.m.- 8.30 p.m.	Finals LL – 57-65-74-86-97-125kg Protocol ceremonies
29.06.2022	3.30 p.m.- 4.00 p.m.	II Weigh-in LF – 50-53-57-62-68-76kg
	6.00 p.m.- 7.00 p.m.	Repechages LF – 50-53-57-62-68-76kg
	7.00 p.m.- 8.30 p.m.	Finals LF – 50-53-57-62-68-76kg Protocol ceremonies

Times are provisional and may change depending on the final number of entries. The organizers, and for justified reasons, will also have the right to modify the competition schedules, with the agreement of the Technical Delegate. Each team or athlete concerned would then be informed at least twenty-four (24) hours in advance.

19. Technical offices:

Two offices will provide information specific to the Wrestling competition:

- TIC of wrestling, located on the competition site.
- SIC of the Mediterranean Village.

These offices will provide information on competition schedules, training sessions, transport, participant lists and results.

20. Approval of regulations:

In the event of disagreement on the interpretation of the text of this manual with any other related version, the French text shall prevail.

This Technical Manual was approved by the ICMG on **March 12, 2022**.